



### RIETVLEI SOCCER SCHOOL NEWSLETTER—APRIL/MARCH 2018

We are excited to share all Rietvlei Soccer School events, plans, dreams and goals with you in our 2nd Rietvlei Soccer School Newsletter for 2018!



RSS would like to wish **COACH LYLE** **HAPPY BIRTHDAY** for 4 March 2018!

RSS would like to wish the following boys a **HAPPY BIRTHDAY** for March and April:

1 Mar Okhule Hadebe	15 Apr Kendal Lester
6 Mar Tyrell Groenewald	22 Apr Jordan Trocinski
11 Mar Nixon Cumming	24 Apr Tejal Kalian
14 Mar Joshua Kapp	25 Apr Kaenyn Naidoo
19 Mar Ayola Masizana	25 Apr Lorenzo Rodrigues
23 Mar Lethabo Sefako	
23 Mar Steven Beukes	
25 Mar Kgothatso Mphuti	

### SOCCER BIRTHDAY PARTIES: Kids can book their fun Birthday Parties at Rietvlei Soccer Astro Fields!

Our coaches arrange fun soccer games, ball activities and mini-matches for 3 hours.

To avoid disappointment, book your Soccer Party now!

Should you want Bubble Soccer at the Astro Fields, we can arrange this for you.



## Holiday Campos

Boys and girls ages 6 to 12 years

**EASTER CAMPO**  
Monday 2 April - Friday 6 April 2018

REGISTRATION from 7am - 8am  
CAMPO KICKOFF from 8am- 12noon

Cost is R500 for all 5 days or R120 per day.

Campo includes: Soccer fun, nature walks, edu-talks, mini zipline, pony rides, tractor rides, garden games, quizz games etc.

Rietvlei Soccer School Campo is a fun-filled holiday program, where each child can enhance their skills, make new friends and simply ENJOY the holiday break.

**KIDS SOCCER HOLIDAY CAMPOS - RSS** hosts Kids Holiday Soccer Campos during the school holidays Our RSS Campos are for boys and girls ages 6 to 14 years. The Campos are filled with fun soccer games and activities and run for 5 days from Monday to Friday from 08h00 to 12h00. **Our NEXT HOLIDAY CAMPO is from 25 June – 29 June & 9 July – 13 July 2018. Cost is R500 for 5 days or R120 per day.** Dates for rest of 2018 - RSS Holiday Campos: 1 – 5 Oct 2018, 17 – 21 December 2018.

## SOCCER STARS SKILLS CLINIC

@ Rietvlei Soccer Astro Fields

**SPECIAL SOCCER CLINIC**  
**COMBINING DRIBBLING & SCORING**

Soccer Stars Skills Clinics include:  
Fast Feet, Perfect Passing, Supa Striker, Dizzy Dribbler

Boys and girls ages 6 to 12 years welcome!

**Saturday 31 March 2018**

Time: 09h15 - 11h15 - Registration from 09h00

Cost is R150 per person  
(R100 per person for RSS Players)  
Directions: [www.rietvleifarm.co.za](http://www.rietvleifarm.co.za)

BOOK YOUR PLACE NOW - CONTACT HEAD COACH  
LYLE BENNET - 061 486 2299 - [lyle@rietvleisoccer.co.za](mailto:lyle@rietvleisoccer.co.za)



**SOCCER STAR CLINICS:** RSS hosts Soccer Star Clinics once a month on a Saturday for 2 hours from 09h15 to 11h15 for boys and girls ages 6 to 12 years.

Cost is R150 per Soccer Star Clinic.

**Next Soccer Clinics: Sat 28 April and Sat 26 May 2018**





## **SOCCER TOURNAMENTS & FESTIVALS:**

RSS hosted Two Soccer Tournaments in March - The Ola Youth Futsal Tournament and the Renault Mens Futsal Tournament on Sun 25 March 2018.

We had over 300 youth players for the Youth Tournament and approximately 200 men players for the Mens Tournament with some fantastic football and fun on both days.

We managed to raise funds for two aspiring local soccer players that are going overseas – Leah Bennett and Lindokuhle Zimba.

Thank you to everyone that participated and a big thank you to the coaches, refs, managers and supporters for making these tournaments a success!

**Save the date Sat 16 June 2018 for the next Rietvlei Youth Futsal Tournament to celebrate Youth Day.**

### **RIETVLEI SOCCER SCHOOL – OVERSEAS TOURS IN 2019**

We are so excited to have launched the Dubai Soccer Tours for 2019 at the parents and players meeting held in March 2018. **Please complete the DUBAI Letter of Interest (by 30 March 2018) that has been emailed to you, so we can start planning.** You are welcome to contact coach Lyle to discuss the tour in more detail.



### **WORDS FROM HEAD COACH LYLE BENNETT: Improving Football Technique at Home**

It is important for youth soccer players to complete their homework and revise what they have learned at school, once this has been done, it is crucial for your child to play with a ball for at least TEN to TWENTY minutes every day.

This will ensure that our youth grow up to be responsible and disciplined soccer players. Our players will learn to study and achieve good grades at school AND perform on the soccer field.

**Here are some basic football drills to do at home: Be sure to use both the left and right feet to ensure that you are comfortable with both feet when you step out on the field for your match.**

#### **1. Juggling the Ball**

For the beginner: Controlled tap once, don't allow the ball to go higher than your hips, then allow the ball to bounce once then take another controlled tap.

#### **2. Ball Control – Figure Eights**

3 markers (3 shoes) 2m apart – control the ball using the inside and outside of the foot, moving in a figure 8 shape

#### **3. Pass and Receive**

Pass the ball against a wall and when the ball comes back, receive it with the inside of the foot and repeat. As you improve, try one touch passing.

**WORDS FROM OWNERS – SHAWN & TONI MACKRELL:** 2018 has kicked off well with many new players joining Rietvlei Soccer School and the launch of the exciting Dubai Soccer Tour in 2019. RSS has hosted successful soccer clinics and soccer tournaments during the first quarter of this year.

We are looking forward to helping more aspiring soccer players in our community to reach their potential. For more information, please do not hesitate to contact head coach Lyle Bennett on 061 486 2299.

**Yours in Soccer, Shawn & Toni Mackrell**

**Positively developing youth football!**

RIETVLEI SOCCER SCHOOL (PTY) LTD – 2016/229187/07

Directors: T Mackrell, S Mackrell – 082 490 0819 – shawn@rietvleisoccer.co.za

Contact Head Coach: Lyle Bennett - 061 486 2299 - lyle@rietvleisoccer.co.za

Directions: [www.rietvleifarm.co.za](http://www.rietvleifarm.co.za)

